

Challenge Plus Programme



for 15 to 18 year olds in the Seniors

An exciting new programme for leaders working with 15 to 18 year olds, providing you with resources to meet the needs of your young people will be available from July 2008.

The **Challenge Plus** Programme provides:

- fully resourced Projects with tips and ideas for delivery
- flexibility of working in age groups or all ages together
- a wide range of activities
- a series of challenge cards
- faith development resources
- new award scheme
- new volunteering scheme
- links with The Duke of Edinburgh's Award

What's in the pack?

Your programme pack will contain:

3 sections including:

- **Information** – this will guide you through how to use the pack, including programme planning, entitlements, rules and regulations and administration including record keeping.
- **Projects** – fully resourced project outlines with tips and ideas for delivery.
- **Challenges** – task objectives with tips and ideas for implementation.
- **Awards** – how the award scheme recognises young people's achievements including how to gain the Queen's Badge and information on the new Volunteering Awards.

How will the programme work?

The Challenge Plus Programme is split into **Projects** and **Challenges** as follows:

Projects will include taster activities that will be short sessions to act as an introduction to a project. There will then be resourced ideas on how the Project could be carried out.

The projects will be grouped into 3 programme zones:

- Community
- Life Skills
- Recreation & Leisure.

Each Project will have objectives, will provide resourced project outlines with tips and ideas for delivery, may be split into sub activities and will provide information on how to take Projects further, including: websites, books and other resources.

Challenges are focussed on activities that could be completed by the group or as an individual ranging from 'Climb a Munro' to something very different like 'Review a local takeaway meal'. Each Challenge will be accompanied by ideas on how the challenge could be carried out and health & safety guidance.

Will the programme link in with The Duke of Edinburgh's Award?



The Projects that are resourced in the programme link to **The Duke of Edinburgh's Award** programme file for Service, Skills, Expedition or Physical to encourage increased use of the DEA.

What about the award scheme?

The Award scheme will consist of gaining a Bronze, Silver or Gold Award each session recognising the level of points a young person achieves.

Awards will be recognised as follows:

10 points for Bronze



20 points for Silver



30 points for Gold



Points are accumulated from gaining 5 points for each Project and 1 point for each Challenge completed.

A young person would not need to complete the same number of points each year, so could gain a Gold award in year 1, Silver award in year 2 and a Gold Award in year 3.

What's the Young Volunteer Award?

The Young Volunteer Award is being introduced to recognise the volunteering which a young person completes during their time in the Seniors' from year 5 up until the end of year 7. A log of hours would be made to record the young person's volunteering, which could be spread across a range of different types.

There are 3 awards which could be gained including a 50, 100 and 200 hour award.

The 50 hour and 100 hour awards will be recognised by the presentation of a Certificate. The 200 hour award will be recognised by the presentation of a certificate and a badge.

Young people would be able to record their progress and something about their experiences in their Handbook, building their very own record of achievement.

The Young Volunteer Award can work alongside volunteering completed for the Queen's Badge, The Duke of Edinburgh's Award and also volunteering outside the BB Company and Church.

What about the BB's highest Award?

The Queen's Badge is the highest award that may be gained by a member of The Boys' Brigade. It aims to challenge and equip the individual, provide new opportunities and expand horizons while remaining accessible to candidates of all abilities.

Full details of the new Queen's Badge regulations can be found on the BBUK website at: www.boys-brigade.org.uk/challengeplus/queensbadge/

When will it be available?

Programme Packs will be available to order through BBUK Headquarters using a form which will be sent out with the July 2008 Gazette. Packs will then be despatched ready for use from the 2008-2009 session.